



Sent Home Sick Form: Displaying Possible COVID-19 Symptoms

***Please make a copy for parents and keep a copy for the school**

Date:
Time:
Name:
Grade & Teacher:
Symptoms:
Temperature:
Guardian to pick up student:
Guardian phone number:
Staff caring for student:
Earliest return date (10 days from start of symptoms):

The following are options for your child to return to in-person instruction:

-If your child currently has only one of the following symptoms:

Fatigue • Muscle or body aches • Headache • Sore throat • Congestion or runny nose • Nausea

And is feeling 100 % better tomorrow morning (no symptoms) they may return to school tomorrow.

Please call in the morning to let us know your child is better and will be attending school.

-If your child has two or more symptoms, a symptom lasting longer than 24 hours, or

• Cough • Shortness of breath or difficulty breathing • Recent loss of taste or smell • Vomiting or Diarrhea • Fever or Chills

- **Get your child tested for COVID-19**

- Provide the school with documentation of a **negative COVID-19** test result and ensure your child has been fever and symptom free for at least 24 hours before returning. A test can take 1-4 days to get a result, so try to have your child evaluated and tested as soon as possible.
- For COVID-19 testing, contact your health care provider or the KVH COVID-19 Clinic at **509-933-8850**

If your child tests positive for COVID-19:

- Follow guidance from the Kittitas County Public Health Department
- The earliest he or she can return to in-person instruction is 10 days, provided symptoms have improved and no fever present for 24 hours (without taking fever reducing medications).
- **Have your child wait 10 days**
 - If your child has not been tested for COVID-19 after being sent home, the earliest he or she can return to in-person instruction is 10 days, provided symptoms have improved and no fever present for 24 hours (without taking fever reducing medications).